PROJECT DESIGN PHASE - 1 PROPOSED SOLUTION

**Proposed Solution:**

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| **S.NO** | **PARAMETER** | **DESCRIPTION** |
| 1 | Problem Statement (Problem to be solved) | How to intake suitable nutrition with correct guidance and weight level  should be manage through tracking our day to day fitness. |
| 2 | Idea / Solution Description | To track fitness level and Analyze the nutrition level of foods like fruits , vegetables . It helps to identify the proportion of vitamins. |
| 3 | Novelty/Uniqueness | Giving a individual Food/health  Schedule According to their body conditions |
| 4 | Social impact/Customer Satisfaction | Low expenditure ,easy to follow without affecting their personal time. |
| 5 | Business model  (Revenue Model) | Free platform for all users. For specific  guidance users want to pay |
| 6 | Scalability of the solution | Notifying motivational quote’s to lead a healthy routine |